

Florida College: Options for Mental Health Services (TELEHEALTH)

Florida College offers **7 free, confidential counseling visits** to all students who are currently enrolled at FC. If you need to see a counselor beyond 7 visits, you will be responsible for payment to the counselor. All referred counselors offer a variety of confidential counseling services for personal, emotional, social, and mental health concerns students may face. Referred counselors are not employed by Florida College, but are recommended options for services.

****IMPORTANT NOTES**:**

- **Whichever option you choose, please be sure you note you are a Florida College student when making an appointment. If you do not signify that you are an FC student, the specialist or his/her assistant will likely inform you that their caseload is full. This also helps with billing purposes.**
- Though all counseling services are confidential, your name will only be used for the FC Business Office to track services for compensation.
- You, the FC student, assume responsibility in making an appointment with the counselor you choose.
- Cancelled appointments - Each counselor will have his/her own policy in regards to cancelled appointments. Please understand that each counselor runs his/her own business. If you have to cancel your appointment, you are responsible for cancellation fees.

*****Mental Health Services Options:*****

<p>Mrs. Julie W. Adams RN, BA, MA/MFT www.stillwaterslife.com Specializes in:</p> <ul style="list-style-type: none">• Grief recovery• Loss brokenness• Family dynamics• Anxiety-related fears• Connecting with teens who struggle• Self-worth and feelings of inadequacies• And various other specialties <p>To make an appointment with Julie Adams, please go through her website (www.stillwaterslife.com) or email her at julie@stillwaterslife.com</p>	<p>Mr. Randy Powell, LPC LPC, Professional Counseling Services Specialty Areas:</p> <ul style="list-style-type: none">• Depressive and Anxiety Disorders• Stress/system overload• Spiritual struggles• Peer issues/Relationship issues• Isolation/loneliness issues• Communication issues• Alcohol/Drug issues <p>To make an appointment with Randy Powell, please text or call 903-724-4636 or email Rpowell999@yahoo.com</p>
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<p>Mr. Terry W. Reese LPC, CSAC, CMAT, CSAT, NCC, BCPCC www.walkbyfaithcounseling.com Specializes in:</p> <ul style="list-style-type: none"> • PTSD • Substance abuse • Betrayal Trauma • Sexual addiction <p>To make an appointment with Terry Reese, please contact Ms. Kriste Bohm at (920) 238-3340 or by email: kristie@walkbyfaithcounseling.com</p>	<p>Ms. Mireya Martin Licensed Family Therapist HOME mireya (mireyamartin.com) Specializes in:</p> <ul style="list-style-type: none"> • Post-traumatic stress • Anxiety • Depression • Sexual abuse trauma • Communication issues • Adjustment through stages of life • Grief • Anger <p>To make an appointment with Mireya Martin, please go through her website (HOME mireya (mireyamartin.com)) or call/text 813-361-8137.</p> <p>Ms. Martin says: “Students will have to complete paperwork before the appointment and that paperwork will include an Authorization to Release personal information, their name and the date of the counseling sessions only, for the purpose of communicating with FC Business Office about payment and only payment.”</p>
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