	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023	9/2/2023	9/3/2023			
	BREAKFAST									
THE CLASSICS	Scrambled Eggs Sausage Potatoes Muffins + Pastries	French Toast Sausage Potatoes Muffins + Pastries	Cheese Omelet Bacon Potatoes Muffins + Pastries	Buttermilk Biscuit Sausage Gravy Muffins + Pastries	Scrambled Eggs Sausage Potatoes Muffins + Pastries	Brunch Menu Chef's Special Muffins + Pastries	Continental Breakfast Muffins + Pastries			
<b>CEREAL</b> BOX	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt			
	LUNCH									
THE CLASSICS	Baked Ziti Green Beans Garlic Bread	Chicken Tacos Black Beans + Yellow Rice Sour cream + Salsa	Old Fashion Meatloaf Mashed Potatoes Parsley Buttered Carrots	Roasted Turkey Cornbread Stuffing Green Beans	Pineapple Glazed Ham Sweet Potatoes Whole Kernel Corn	Chef Special	Chef Special			
HEALTHY EDGE	Baked Rosemary Chicken Squash Blend Lemon Orzo	Lemon Pepper Cod Steamed Broccoli Brown Rice	Mediterranean Chicken Sauteed Zucchini Pineapple Rice	Balsamic Pork Loin Mashed Cauliflower Baked Sweet Potato	Roasted Chicken Yellow Squash Multi-Grain Wild Rice	Chef Special	Chef Special			
BOWL YOU OVER	Cowboy Salad Bowl: Beef strips, pinto beans, corn, cornbread, bacon + cheese	Shrimp n' Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Southern BBQ Bowl: Pulled pork, baked beans, mashed, potatoes, slaw, pickles	Chicken Fajita Bowl: Seared fajita chicken, grilled peppers + onions, pico, cilantro rice	Hail Caesar Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Station Closed	Station Closed			
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty Cheesesteak + Fries	Hamburger Chicken Tenders Veggie Patty Cheesesteak + Fries	Hamburger Chicken Tenders Veggie Patty Cheesesteak + Fries	Hamburger Chicken Tenders Veggie Patty Cheesesteak + Fries	Hamburger Chicken Tenders Veggie Patty Cheesesteak + Fries	Station Closed	Station Closed			
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings			
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta			
	DINNER									
THE CLASSICS	Chicken Tender Parmasean Italian Blend Vegetables Breadstick	Beef Tips Steamed White Rice Broccoli	BBQ Chicken Thighs Molasses Bacon Beans Whole Kernel Corn	Beef Stroganoff Buttered Egg Noodles petite Green Peas	Breaded Porck Chop Redskin Mashed Potato Glazed Carrots	Chef Special	Chef Special			
PASSPORT CAFE	Rasta Pasta Jerk Chicken Three Pepper Alfredo	Italian Sausage Creamy Gnocchi Sauteed Peppers	Beef Tamales Refried Beans Mexican Street Corn	Waikiki Meatballs Coconut Rice Pineapple Slaw	Chicken Alfredo Penne Pasta Broccoli	Chef Special	Chef Special			
BOWL YOU OVER	Cowboy Salad Bowl: Beef strips, pinto beans, corn, cornbread, bacon + cheese	Shrimp n' Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Southern BBQ Bowl: Pulled pork, baked beans, mashed, potatoes, slaw, pickles	Chicken Fajita Bowl: Seared fajita chicken, grilled peppers + onions, pico, cilantro rice	Hail Caesar Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Station Closed	Station Closed			
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty			
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza			
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings			



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023	9/9/2023	9/10/2023
	BREAKFAST	Γ					
<b>THE</b> CLASSICS	Scrambled Eggs Sausage Potatoes Muffins + Pastries	French Toast Sausage Potatoes Muffins + Pastries	Cheese Omelet Bacon Potatoes Muffins + Pastries	Buttermilk Biscuit Sausage Gravy Muffins + Pastries	Scrambled Eggs Sausage Potatoes Muffins + Pastries	Brunch Menu Chef's Special Muffins + Pastries	Continental Breakfast Muffins + Pastries
<b>CEREAL</b> BOX	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt
	LUNCH						
THE CLASSICS	Chicken Parmasean Buttered Pasta Italian Blend Vegetables	Beef Tips Steamed white rice Butter Peas	BBQ Chicken Thighs Molasses Bacon Beans Whole Kernel Corn	Chicken Cacciatore Herbed Linguine Honey Citrus Carrots	Roast beef Potatoes + carrots White rice	Chef Special	Chef Special
HEALTHY EDGE	Lemon Picatta Tilapia Dijon Roasted Potatoes	Baked flounder Lemon dill sauce	Monterey Chicken Roasted Zucchini Strips	Italian Herb Bruschetta Pollock	Mediterranean grilled chicken	Chef Special	Chef Special
BOWL YOU OVER	Fry Bowl: Waffle fries or tots, sauce selection, cheese, peppers	Southern Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Baked Potato Bar: Cheddar cheese, sour cream, bacon bits, chives, chili, guac, green onions, jalapenos	Hail Caesar Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Pancake Bar: Whipped cream, chocolate chips, strawberries, blueberries, bananas	Station Closed	Station Closed
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Station Closed	Station Closed
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
	DINNER						
THE CLASSICS	Country Fried Steak Mashed Potatoes Carrots	Crispy Fried Fish Rice Pilaf Mixed Vegetable	Fried Chicken Mashed Potatoes + gravy Green beans	Sweet and Sour Meatballs Red Pepper Rice Steamed Cabbage	BBQ Chicken Tater tots Broccoli	Chef Special	Chef Special
<b>PASSPORT</b> CAFE	Orange Chicken Spring Rolls Vegetable Fried Rice	Taco Bar Black Beans + yellow rice Sour cream+ salsa	Beef Stir fry Pot stickers Fried rice	Southwestern Egg Rolls Avocado Ranch Mexican Street corn	General Tso Chicken Stir-fry vegetables Vegetable Lo Mein	Chef Special	Chef Special
BOWL YOU OVER	Fry Bowl: Waffle fries or tots, sauce selection, cheese, peppers	Southern Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Baked Potato Bar: Cheddar cheese, sour cream, bacon bits, chives, chili, guac, green onions, jalapenos	Hail Caesar Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Pancake Bar: Whipped cream, chocolate chips, strawberries, blueberries, bananas	Station Closed	Station Closed
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023	9/16/2023	9/17/2023			
	BREAKFAST	<u> </u>								
THE CLASSICS	Scrambled Eggs Sausage Potatoes Muffins + Pastries	French Toast Sausage Potatoes Muffins + Pastries	Cheese Omelet Bacon Potatoes Muffins + Pastries	Buttermilk Biscuit Sausage Gravy Muffins + Pastries	Scrambled Eggs Sausage Potatoes Muffins + Pastries	Brunch Menu Chef's Special Muffins + Pastries	Continental Breakfast Muffins + Pastries			
<b>CEREAL</b> BOX	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt			
	LUNCH									
THE CLASSICS	Fried Chicken Mashed Potatoes + gravy Green beans	Jambalaya Red beans+rice Corn muffin	Meatloaf Mashed potatoes + gravy Whole kernel corn	BBQ Chicken Thighs Mashed Potatoes Broccoli	Beef thai curry Basmati rice Green bean medley	Chef Special	Chef Special			
HEALTHY EDGE	Smoked Chicken Quarters Roasted Corn on the Cob	Baked boneless pork chops Zucchini/squash sautee	Chicken caprese Tuscan vegetables	Lemon butter tilapia Garlic parmasean vegetables	BBQ chicken thighs Sauteed green beans	Chef Special	Chef Special			
BOWL YOU OVER	Gyro Bowl: Soft pita, sauteed lamb, chicken, cucumber, tomato, red onion, lettuce, tzaziki sauce	Big Mac Bowl: Chopped hamburger, lettuce, cheese + special sauce	Caesar Salad Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Quesadilla Bar: Lime chicken, shrimp, chorizo, tomato,cheese, olives, chives, guac, sour cream, pico de gallo	Southern Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Station Closed	Station Closed			
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Station Closed	Station Closed			
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings			
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza			
	DINNER									
THE CLASSICS	Chicken and Dumplings Cheesy Mashed Potatoes Buttered Peas	Burgundy Beef Tips White Rice Carrot coins	Chicken A La King Wide Egg Noodles Steamed Broccoli	Glazed pit ham Sweet potato Squash blend	Breaded Pork Chop Blistered green beans Baked sweet potato	Chef Special	Chef Special			
<b>PASSPORT</b> CAFE	Sweet and Sour Meatballs Sticky Rice Asian Vegetable Blend	Pork Carnitas Black Beans Yellow Rice	Teriyaki Beef Snap peas Fried rice	Blackened chicken Alfredo with penne Broccoli	Beef enchiladas Mexican rice Fire roasted corn	Chef Special	Chef Special			
BOWL YOU OVER	Gyro Bowl: Soft pita, sauteed lamb, chicken, cucumber, tomato, red onion, lettuce, tzaziki sauce	Big Mac Bowl: Chopped hamburger, lettuce, cheese + special sauce	Caesar Salad Bowl: Hearty romaine, shaved parmasean, creamy Caesar, croutons, grilled chicken	Quesadilla Bar: Lime chicken, shrimp, chorizo, tomato,cheese, olives, chives, guac, sour cream, pico de gallo	Southern Grits Bowl: Cheddar cheese grits, shrimp, bacon, green onions, tomatoes	Station Closed	Station Closed			
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty			
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza			
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings			



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023	9/23/2023	9/24/2023
	BREAKFAST	r					
THE CLASSICS	Scrambled Eggs Sausage Potatoes Muffins + Pastries	French Toast Sausage Potatoes Muffins + Pastries	Cheese Omelet Bacon Potatoes Muffins + Pastries	Buttermilk Biscuit Sausage Gravy Muffins + Pastries	Scrambled Eggs Sausage Potatoes Muffins + Pastries	Brunch Menu Chef's Special Muffins + Pastries	Continental Breakfast Muffins + Pastries
CEREAL BOX	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt
	LUNCH						
THE CLASSICS	Spaghetti with Meat Sauce Parmesan Breadstick Green Beans	Taco Bar Black Beans+Yellow Rice Sour Cream and Salsa	BBQ Pork Riblets Steamed Broccoli Macaroni and Cheese	Chicken Parmesan Marinara Sauce Garlic Knots	Battered Cod Broccoli French Fries	Chef Special	Chef Special
HEALTHY EDGE		Balsamic Pork Loin Steamed Broccoli Sweet Potatoes	Blackened Shrimp Sauteed Zucchini Pineapple Rice	Breaded Pork Chop Blistered Green Beans Baked Sweet Potato	Roasted Chicken Yellow Squash Multi-Grain Wild Rice	Chef Special	Chef Special
BOWL YOU OVER	Big Mac Bowl: Chopped hamburger, shredded lettuce, cheese, and special sauce	Greek Chicken Salad: Grilled Lemon Chicken, Feta, Olives, Peppers, Potato Salad	Memphis Nacho Bowl: BBQ Pork, Queso Cheese, Tortilla Chips, Jallapenos, & BBQ Sauce	Rice Bowl: Jasmine Rice, Teryaki Chicken, Shredded Carrots	Mashed Potato Bowl: Creamed Potatoes, Popcorn Chicken, Pepper Gravy, Corn	Station Closed	Station Closed
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Station Closed	Station Closed
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
	DINNER						
THE CLASSICS	Honey Garlic Pork Roast Roasted Red Potatoes Creamed Corn	Salsbury Steak Mashed Potatoes Buttered Peas	BBQ Pulled Pork Ranch Potatos Baked Beans	Meat Lasagna Parmesan Breadstick Honey Glazed Carrots	Fried Shrimp Hush Puppies Cole Slaw	Chef Special	Chef Special
PASSPORT CAFE	Orange Chicken Spring Rolls Vegetable Fried Rice	Chicken Fajita Bar Black Beans+Yellow Rice Sour Cream+Salsa	Beef Stir-Fry Pot Stickers Fried rice	Southwestern Egg Rolls Avocado Ranch Mexican Street Corn	General Tso Chicken Stir-Fry Vegetables Vegetable Lo Mein	Chef Special	Chef Special
BOWL YOU OVER	Fry Bowl: waffle fries or tots, sauce selection, cheese, peppers	Greek Chicken Salad: Grilled Lemon Chicken, Feta, Olives, Peppers, Potato Salad	Memphis Nacho Bowl: BBQ Pork, Queso Cheese, Tortilla Chips, Jallapenos, & BBQ Sauce	Rice Bowl: Jasmine Rice, Teryaki Chicken, Shredded Carrots	Mashed Potato Bowl: Creamed Potatoes, Popcorn Chicken, Pepper Gravy, Corn	Station Closed	Station Closed
GRILLE ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023	9/30/2023	10/1/2023
	BREAKFAS	Т					
THE CLASSICS	Scrambled Eggs Sausage Potatoes Muffins + Pastries	French Toast Sausage Potatoes Muffins + Pastries	Cheese Omelet Bacon Potatoes Muffins + Pastries	Buttermilk Biscuit Sausage Gravy Muffins + Pastries	Scrambled Eggs Sausage Potatoes Muffins + Pastries	Brunch Menu Chef's Special Muffins + Pastries	Continental Breakfast Muffins + Pastries
CEREAL BOX	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Cheese Grits Dry Cereal Milk-Juice-Fruit Yogurt	Oatmeal Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt	Dry Cereal Milk-Juice-Fruit Yogurt
	LUNCH						
THE CLASSICS	Baked Ziti Garlic Knot Green Beans	Chicken Tacos Black Beans+Yellow Rice Sour Cream+Salsa	Meatloaf Mashed potatoes Parsley Buttered Carrots	Roasted Turkey Cornbread Stuffing Green Beans	Pineapple Glazed Ham Sweet Potatoes Whole Kernal Corn	Chef Special	Chef Special
HEALTHY EDGE	Baked Rosemary Chicken Squash Blend Lemon Orzo	Lemon Pepper Cod Steamed Broccoli Brown Rice	Mediterranean Chicken Sauteed Zucchini Pineapple Rice	Balsamic Pork Loin Mashed Cauliflower Baked Sweet Potato	Roasted Chicken Yellow Squash Multi-Grain Wild Rice	Chef Special	Chef Special
<b>BOWL</b> YOU OVER	Cowboy Salad Bowl: Beef Strips, Pinto Beans, Corn, Cornbread, Bacon, Cheese	Shrimp n' Grits Bowl: Cheddar Cheese Grits, Shrimp, Bacon, Diced Tomoatoes	Southern BBQ Bowl: Pulled Pork, Baked Beans, Mashed Potatoes, Slaw, Pickles	Chicken Fajita Bowl: Seared Fajita Chicken, Grilled Peppers + Onions, Pico, Cilantro Rice	Hail Caesar Bowl: Heart Romaine, Shaved Parmesan, Creamy Caesar, Croutons, Grilled Chicken	Station Closed	Station Closed
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Station Closed	Station Closed
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza Specialty Pizza or Pasta	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
	DINNER						
THE CLASSICS	Chicken Tender Parmesan Italian Blend Vegetables Breadsticks	Beef Tips Steamed White Rice Broccoli	BBQ Chicken Thighs Molasses Bacon Beans Whole Kernel Corn	Beef Stroganoff Buttered Egg Noodles Petite Green Peas	Breaded Pork Chop Redskin Mashed Potatoes Glazed Carrots	Chef Special	Chef Special
PASSPORT CAFE	Rasta Pasta Jerk Chicken Three Pepper Alfredo	Italian Sausage Creamed Gnocchi Sauteed Peppers	Beef Tamales Refried Beans Mexican Street Corn	Waikiki Meatballs Coconut Rice Pineapple Slaw	Chicken Alfredo Penne Pasta Broccoli	Chef Special	Chef Special
<b>BOWL</b> YOU OVER	Cowboy Salad Bowl: Beef Strips, Pinto Beans, Corn, Cornbread, Bacon, Cheese	Shrimp n' Grits Bowl: Cheddar Cheese Grits, Shrimp, Bacon, Diced Tomoatoes	Southern BBQ Bowl: Pulled Pork, Baked Beans, Mashed Potatoes, Slaw, Pickles	Chicken Fajita Bowl: Seared Fajita Chicken, Grilled Peppers + Onions, Pico, Cilantro Rice	Hail Caesar Bowl: Heart Romaine, Shaved Parmesan, Creamy Caesar, Croutons, Grilled Chicken	Station Closed	Station Closed
<b>GRILLE</b> ETC.	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty	Hamburger Chicken Tenders Veggie Patty
<b>UPPER</b> CRUST	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza	Cheese, Veggie, Sausage, or Pepperoni Pizza
<b>GARDEN</b> GOURMET	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings	Fresh Mixed Greens Salad Accompaniments Dressings

