

# FLORIDA COLLEGE DINING HALL – JANUARY 2024

## Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Closed	2 Closed	3 Closed	4 Closed	4 Closed	5 Closed	6 Closed
7 Continental	8 Scrambled Eggs Bacon French Toast Grits Oatmeal Breakfast Potatoes	9 Scrambled Eggs Omelet Scrambled Sausage Biscuits & Gravy Grits Oatmeal	10 Scrambled Eggs Hard Boiled Eggs Apple Pancakes Cheese Grits Hashbrown Turkey Bacon	11 Cheese Scrambled Eggs Biscuits and Gravy Oatmeal Grits Breakfast Potatoes Chicken Sausage	12 Scrambled Eggs Grits Oatmeal Tater Tots Hard Boiled Eggs	13 Closed
14 Continental	15 Cheese Scrambled Eggs Hard Boiled Eggs Bacon Grits Oatmeal Breakfast Potatoes	16 Scrambled Eggs Tater Tots Sausage Pancakes Grits Oatmeal	17 Scrambled Eggs Kielbasa Peppers & Onions Hashbrowns Cheese Grits Oatmeal French Toast	18 Scrambled Eggs Biscuits and Gravy Breakfast Potatoes Grits Oatmeal Bacon	19 Scrambled Eggs Hard Boiled Eggs Tater Tots Oatmeal Grits Sausage Patty	20 Closed
21 Continental	22 Cheese Scrambled Eggs Bacon Waffles Breakfast Potatoes Oatmeal Grits	23 Scrambled Eggs Tater Tots Sausage Tornados Grits Oatmeal	24 Scrambled Eggs Bacon Hashbrowns Breakfast Sandwiches Oatmeal Cheese Grits	25 Scrambled Eggs Biscuits & Gravy Breakfast Potatoes Link Sausage Oatmeal Grits	26 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	27 Closed
28 Continental	29 Cheese Scrambled Eggs Bacon Breakfast Sandwiches Tater Tots Oatmeal Grits	30 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	31 Scrambled Eggs Bacon Biscuits & Gravy Bacon Oatmeal Cheese Grits	1 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	2 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	3 Closed



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## Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Closed	2 Closed	3 Closed	4 Closed	4 Closed	5 Closed	6 Abbreviated Service  Sandwiches Pizza Salad
7 Scrambled Eggs Bacon French Toast Fish & Chips Peas & Carrots Hush Puppies	8 Beef Pepper Steaks Veggie Lo Mein Pot Stickers Baked Mahi-Mahi Roasted Tomatoes Veggies Couscous  Caesar Salad Bowl	9 Chicken Parmesan Cavatappi Pasta Green Beans / Garlic Knots Beef Tips Basmati Rice Pinto Beans/Tomatoes  Smoothie Station	10 Country Fried Steak Mashed Potatoes Pepper Gravy / Garlic Bread Chicken Wings Bahamas Blend Veg Quinoa Blend  Shrimp/Chicken Stir Fry	11 Meat Lasagna Broccoli Garlic Sticks Blackened Pangasius White Rice Roasted Asparagus  Smoothie Station	12 Beef Stew Rice Pilaf Corn Baked Chicken Couscous Baked Sweet Potatoes  Watermelon Salad	13 Cheese Scrambled Eggs Bacon Waffles Beef & Chicken Tacos Yellow Rice Beans Blend
14 Scrambled Eggs Tater Tots Sausage Orange Chicken House Fried Rice Pot Stickers	15 Spaghetti Meat Sauce Green Beans / Garlic Bread Baked Chicken Brown Rice California Blend  Beet Salad	16 <b>National Hot &amp; Spicy Day</b>  Blackened Tilapia Sautee Spinach Roasted Sweet Potatoes  Smoothie Station	17 Fried Chicken Mashed Potatoes /Gravy Mixed Vegetables Vegetable Lasagna Roasted Brussels Sprouts Sautee Mushrooms/Onions  Quesadilla Bar	18 Beef Stroganoff Cavatappi Pasta Seasoned Peas Baked Salmon Red & Black Quinoa Bahamas Blend  Smoothie Station	19 Sloppy Joe Potato Wedges Seasoned Corn Rosemary Chicken Thighs Roasted Potatoes Broccoli  <b>Buffalo Chicken Chili</b>	20 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots Fried Chicken Mashed Potatoes Corn
21 Scrambled Eggs Bacon Biscuits and Gravy Spaghetti Meatballs Green Beans Garlic Bread	22 <b>National Southern Food Day</b>  Teriyaki Glazed Salmon Mashed Potatoes Asparagus  Caprese Salad	23 Beef & Chicken Tacos Yellow Rice Beans Blend Baked Chicken Couscous Baked Sweet Potatoes  Smoothie Station	24 Chicken Wings Potatoes Wedges Green Beans Jasmine Rice Mixed Vegetables Sautee Shrimp  BBQ Bowl	25 Orange Chicken House Fried Rice Pot Stickers Mediterranean Tilapia Quinoa Blend Broccoli  Smoothie Station	26 Fish & Chips Hush Puppies Latin Chicken w/ Pico De Gallo Brown Rice Plantains  Caesar Salad Bowl	27 Scrambled Eggs Bacon French Toast Beef Pepper Steak Veggie Lo Mein Pot Stickers
28 Cheese Scrambled Eggs Biscuits & Gravy Grits Baked Chicken Thighs Mashed Potatoes Broccoli	29 Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	30 Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous  Smoothie Station	31 Country Fried Steak Garlic Mashed Potatoes Green Beans Vegetable Lasagna Broccoli Garlic Bread  Grilled Cheese Bar	1 Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous  Smoothie Station	2 Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccoli Zucchini & Squash  Waldorf Salad	3 Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables

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## Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Closed	<b>2</b> Closed	<b>3</b> Closed	<b>4</b> Closed	<b>4</b> Closed	<b>5</b> Closed	<b>6</b> Honey Glazed Ham Scalloped Potatoes Home Glazed Carrots BBQ Chicken Mac & Cheese Baked Beans
<b>7</b> Orange Chicken House Fried Rice Egg Rolls Fried Cod Steak Fries Hush Puppies	<b>8</b> Jambalaya Corn Muffins Green Beans Almondine Fried Catfish Corn On The Cob Fried Okra Smoothie Station	<b>9</b> Spaghetti & Meatballs Broccolini Garlic Knots Roasted Chicken Candied Yams Roasted Brussels Sprouts Asian Chicken Salad	<b>10</b> BBQ Ribs Baked Beans Mac & Cheese Almond Crust Sole Wild Rice Mixed Vegetables Smoothie Station	<b>11</b> Grilled Flank Steak Baked Potatoes Creamed Collar Green Fried Pork Chop White Rice Gravy Green Beans Quinoa Salad	<b>12</b> Fried Shrimp Hush Puppies Steak Fries BBQ Pulled Pork Broccoli Potato Wedges Smoothie Station	<b>13</b> Burgers Buns Mixed Vegetables Chicken Tenders Waffle Fries Home Glazed Carrots
<b>14</b> Baked Chicken Roasted Red Potatoes Mixed Vegetables BBQ Porkchops White Rice Cauliflower	<b>15</b> Salisbury Steak White Rice Broccoli Chicken Cordon Bleu Sweet Potato Fries Carrots Smoothie Station	<b>16</b> Blackened Tilapia Wild Rice Mixed Vegetables Beef & Chicken Nachos Queso Refried Beans Pear Salad	<b>17</b> Chicken Pot Pie Buttered Noodles Peas & Carrots Beef Empanadas Black Beans Yellow Rice Smoothie Station	<b>18</b> Penne Chicken Alfredo Garlic Knots Seasoned Carrots Pot Roast White Rice Roasted Red Potatoes Cobb Salad	<b>19</b> Orange Chicken House Fried Rice Egg Rolls Fried Cod Steak Fries Hush Puppies Smoothie Station	<b>20</b> Fried Pork Chops Yellow Rice Green Beans Chicken Parmesan Penne Pasta Broccoli
<b>21</b> BBQ Ribs Baked Beans Mac & Cheese Almond Crust Sole Wild Rice Mixed Vegetables	<b>22</b> Penne Pasta Chicken Alfredo Sauce Garlic Bread Roasted Pork Loin Caribbean Rice Roasted Vegetables Smoothie Station	<b>23</b> Honey Glazed Ham Scalloped Potatoes BBQ Chicken Mac & Cheese Baked Beans Italian Pasta Salad	<b>24</b> Chicken Curry Basmati Rice Mixed Vegetables Baked Ravioli Roasted Zucchini & Squash Garlic Bread Smoothie Station	<b>25</b> Pierogies Kielbasa Onion & Peppers Carrots Salisbury Steak Garlic Mashed Potatoes Mixed Vegetables Salmon Niçoise Salad	<b>26</b> Baked Chicken Rice Pilaf Seasoning Peas Beef Empanadas Chicken Empanadas Yucca Frita Smoothie Station <b>Glow In The Dark Dinner</b>	<b>27</b> BBQ Ribs Baked Beans Mac & Cheese Almond Crust Sole Wild Rice Mixed Vegetables
<b>28</b> Fried Shrimp * Hush Puppies * Steak Fries   * BBQ Pulled Pork  * Broccoli Onion Rings	<b>29</b> Honey Garlic Chicken Thigh Mashed Potatoes Broccoli Spaghetti Meatball w/ Marinara Smoothie Station	<b>30</b> Baked Pork Chops Yellow Rice Green Beans Chicken Parmesan * Penne Pasta Broccoli Beet Salad	<b>31</b> Chicken Cordon Bleu * Roasted Red Potatoes Mixed Vegetables Teriyaki Chicken * Le Mein Egg Rolls * Smoothie Station	<b>1</b> Penne Chicken Alfredo Garlic Knots * Seasoned Carrots Pot Roast White Rice Mixed Vegetables Cobb Salad	<b>2</b> Burgers Buns Mixed Vegetables Chicken Tenders * Waffle Fries  * Home Glazed Carrots	<b>3</b> Honey Glazed Ham Scalloped Potatoes Home Glazed Carrots BBQ Chicken * Mac & Cheese Baked Beans



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