FLORIDA COLLEGE DINING HALL – FEBRUARY 2024								
Breakfast								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
28 Continental	29 Cheese Omelets 🔇 Waffles 🖉 Breakfast Potatoes 🔇 Link Sausage 🔇 Oatmeal 😂 Grits 🥯	30 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	31 Scrambled Eggs () Bacon () Biscuits () & Gravy Bacon () Oatmeal () Cheese Grits	1 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	2 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	3 Closed		
4 Continental	5 Scrambled Eggs Bacon French Toast Grits Oatmeal Breakfast Potatoes	6 Scrambled Eggs Omelet Scrambled Sausage Biscuits Grits Oatmeal	7 Scrambled Eggs (1) Hard Boiled Eggs (1) Apple Pancakes Cheese Grits Hashbrown (2) Turkey Bacon (1)	8 Cheese Scrambled Eggs Biscuits and Gravy Oatmeal Grits Breakfast Potatoes Chicken Sausage	9 Scrambled Eggs (S) Grits Oatmeal Tater Tots Mard Boiled Eggs S	10 Closed		
11 Continental	12 Cheese Scrambled Eggs Hard Boiled Eggs Bacon Grits Oatmeal Breakfast Potatoes	13 Scrambled Eggs Tater Tots Sausage Pancakes Grits Oatmeal	14 Scrambled Eggs Kielbasa Peppers & Onions Hashbrowns Cheese Grits Oatmeal French Toast	15 Scrambled Eggs 🚷 Biscuits 🥢 & Gravy Breakfast Potatoes 🔕 Grits 🕗 Oatmeal 😔 Bacon 🚷	16 Scrambled Eggs (1) Hard Boiled Eggs (1) Tater Tots (2) (2) Oatmeal (2) Grits (2) Sausage Patty (1)	17 Closed		
18 Continental	19 Cheese Scrambled Eggs () Bacon () Waffles () Breakfast Potatoes () Oatmeal () Grits ()	20 Scrambled Eggs Tater Tots Sausage Tornados Grits Oatmeal	21 Scrambled Eggs Bacon Hashbrowns Breakfast Sandwiches Oatmeal Cheese Grits	22 Scrambled Eggs & Biscuits @ & Gravy Breakfast Potatoes & © Link Sausage & Oatmeal © Grits ©	23 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	24 Closed		
25 Continental	26 Cheese Scrambled Eggs () Bacon () Breakfast Sandwiches Tater Tots () Oatmeal () Grits ()	27 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	28 Scrambled Eggs Bacon Biscuits & Gravy Bacon Oatmeal Cheese Grits	29 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	1 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots Ø French Toast Oatmeal Oatmeal	2 Closed		
🛞 = GLUTEN FREE 🥹 = VEGAN 🥜 = CONTAINS SOY								

FLORIDA COLLEGE DINING HALL – FEBRUARY 2024								
Lunch								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
28 Cheese Scrambled Eggs ( Biscuits ( Baked Chicken Thighs ( Mashed Potatoes ( Broccoli ( ) ( )	29 Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	30 Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous Smoothie Station	31 Country Fried Steak Garlic Mashed Potatoes Green Beans 2000 Vegetable Lasagna Broccoli 2000 Garlic Bread 2000 Grilled Cheese Bar	1 Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous	2 Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccolini (2007) Zucchini & Squash (2007) Waldorf Salad	3 Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables		
4 Scrambled Eggs Bacon French Toast Fish & Chips Peas & Carrots Hush Puppies	5 Beef Pepper Steaks Veggie Lo Mein Pot Stickers Baked Mahi-Mahi Roasted Tomatoes Veggies Couscous Caesar Salad Bowl	6 Chicken Parmesan Cavatappi Pasta Green Beans Beef Tips Basmati Rice Pinto Beans/Tomatoes Smoothie Station	7 Country Fried Steak Mashed Potatoes Pepper Gravy Chicken Wings Tri-Colored Carrots Quinoa Blend S Shrimp/Chicken Stir Fry	8 Meat Lasagna Broccoli (1) (2) Garlic Sticks Blackened Pangasius (1) Blackened Pangasius (1) Roasted Asparagus (1) Smoothie Station	9 Beef Stew Rice Pilaf (2) (2) Corn (2) (2) Baked Chicken (2) Couscous (2) Baked Sweet Potatoes (2) (2) Watermelon Salad	10 Cheese Scrambled Eggs ( Bacon ) Waffles ( Beef & Chicken Tacos Yellow Rice ) Beans Blend (		
11 Scrambled Eggs () Tater Tots () Sausage () Orange Chicken House Fried Rice () Pot Stickers	12 Spaghetti Meat Sauce Green Beans / Garlic Bread Baked Chicken Brown Rice California Blend Beet Salad	13 National Italian Food Day Chicken Picatta Roasted Brussels w/ Bacon Rice Pilaf w/ Mirapouix Pasta Pomodoro Garlic Knots Roasted Zucchini, Squash, Carrots Tiramisu, Cannoli's, Milkshakes Special Pizza, Deli, and Salad Options	14 Fried Chicken Mashed Potatoes Mixed Vegetables Vegetable Lasagna Roasted Brussels Sprouts Sautee Mushrooms/Onions Valentine's Day Lunch Quesadilla Bar	15 Beef Stroganoff Cavatappi Pasta Seasoned Peas Baked Mahi Mahi Red & Black Quinoa Bahamas Blend Smoothie Station	16 Sloppy Joe Potato Wedges Seasoned Corn Rosemary Chicken Thighs Roasted Potatoes Broccolini	17 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots Fried Chicken Mashed Potatoes Corn		
18 Scrambled Eggs (1) Bacon (1) Biscuits (2) and Gravy Spaghetti (2) Meatballs Green Beans (1) Garlic Bread	19 Beef Stew White Rice Mixed Vegetables Teriyaki Glazed Salmon Mashed Potatoes Asparagus Caprese Salad	20 Beef & Chicken Tacos Yellow Rice (1) (2) Beans Blend (1) (2) Baked Chicken (1) Couscous (2) Baked Sweet Potatoes (1) (2) Smoothie Station	21 Chicken Wings Potatoes Wedges 20 Green Beans 20 Jasmine Rice 20 Mixed Vegetables 20 Sautee Shrimp 20 BBQ Bowl 20	22 Orange Chicken House Fried Rice Pot Stickers Mediterranean Tilapia Quinoa Blend Broccoli Smoothie Station	23 Fish & Chips Hush Puppies Roasted Vegetables Latin Chicken w/ Pico De Gallo Brown Rice Plantains Caesar Salad Bowl	24 Scrambled Eggs Bacon French Toast Beef Pepper Steak Veggie Lo Mein Pot Stickers		
25 Cheese Scrambled Eggs () Biscuits () & Gravy Grits () Baked Chicken Thighs () Mashed Potatoes () Green Bean Blend	26 Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	27 Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous National Strawberry Day Smoothie Station	28 Country Fried Steak Garlic Mashed Potatoes Green Beans Lemon Dill Tilapia Broccoli Garlic Bread Garlic Bread	29 Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous Smoothie Station	1 Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccolini (2006) Zucchini & Squash (2006) Waldorf Salad	2 Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables		

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FLORIDA COLLEGE DINING HALL – FEBRUARY 2024								
Dinner								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
29 Honey Garlic Chicken Thigh Mashed Potatoes Broccoli Spaghetti Meatball w/ Marinara	30 Baked Pork Chops Yellow Rice () () Green Beans () () Chicken Parmesan * Penne Pasta Broccoli () () Beet Salad	31 Chicken Cordon Bleu * Roasted Red Potatoes 2 Mixed Vegetables 2 Teriyaki Chicken * Le Mein Egg Rolls * Smoothie Station	1 Penne Chicken Alfredo Garlic Knots * Seasoned Carrots (2) Pot Roast (2) White Rice (2) Mixed Vegetables (2) Cobb Salad	2 Burgers Buns Mixed Vegetables Chicken Tenders * Waffle Fries * Home Glazed Carrots Smoothie Station	3 Honey Glazed Ham Scalloped Potatoes Home Glazed Carrots BBQ Chicken Mac & Cheese Baked Beans			
5 Jambalaya (S) Corn Muffins Green Beans Almondine (S) (O) Fried Catfish (C) Corn On The Cob (S) (O) Fried Okra Smoothie Station	6 Spaghetti & Meatballs Broccolini () Garlic Knots () Roasted Chicken () Candied Yams () Roasted Brussels Sprouts () Asian Chicken Salad	7 BBQ Ribs () Baked Beans () Mac & Cheese Almond Crust Sole Wild Rice Mixed Vegetables Smoothie Station	8 Grilled Flank Steak (2) Baked Potatoes (2) Creamed Collar Green (2) Fried Pork Chop (2) White Rice (2) Gravy Green Beans (2) Quinoa Salad	9 Fried Shrimp Hush Puppies Steak Fries BBQ Pulled Pork Broccoli Potato Wedges Smoothie Station	10 Burgers Buns Mixed Vegetables Chicken Tenders Waffle Fries Maffle Fries Mome Glazed Carrots			
12 Salisbury Steak White Rice Broccoli Chicken Cordon Bleu Sweet Potato Fries Carrots Smoothie Station	13 Hot Dogs w/ Chili Cheese Sauce Waffle Fries Beef & Chicken Nachos Queso Refried Beans Pear Salad	14 Chicken Pot Pie Buttered Noodles Peas & Carrots Beef Empanadas Black Beans Yellow Rice	15 Penne Chicken Alfredo Garlic Knots Seasoned Carrots Country Fried Steak White Pepper Gravy White Rice Roasted Red Potatoes	16 Orange Chicken House Fried Rice Egg Rolls Fried Cod Steak Fries Hush Puppies Smoothie Station	17 Fried Pork Chops Yellow Rice Green Beans Chicken Parmesan Penne Pasta Broccoli			
19 Penne Pasta Chicken Alfredo Sauce Garlic Bread Roasted Pork Loin Caribbean Rice Roasted Vegetables Smoothie Station	20 Honey Glazed Ham (S) Scalloped Potatoes (S) BBQ Chicken (S) Mac & Cheese Baked Beans (S) Roasted Cauliflower Italian Pasta Salad	21 Chicken Curry & Basmati Rice & Mixed Vegetables & Baked Ravioli @ Roasted Zucchini & Squash & Garlic Bread @ Smoothie Station	22 Pierogies Kielbasa Onion & Peppers Carrots Salisbury Steak Garlic Mashed Potatoes Mixed Vegetables Salmon Niçoise Salad	23 Baked Chicken (a) Rice Pilaf (a) (b) Seasoning Peas (a) (b) Beef Empanadas (c) Chicken Empanadas (c) Yucca Frita (a) (b) Smoothie Station	24 Chicken Tenders Onion Rings Mac & Cheese Burgers Potato Wedges S Mixed Vegetables S			
26 Honey Garlic Chicken Thigh () Mashed Potatoes () Broccoli () 9 Spaghetti 0 Meatball w/ Marinara Smoothie Station	27 Baked Pork Chops Yellow Rice Green Beans Chicken Parmesan Penne Pasta Broccoli Beet Salad	28 Chicken Cordon Bleu Roasted Red Potatoes Mixed Vegetables Preriyaki Chicken Le Mein Egg Rolls Smoothie Station	29 Penne Chicken Alfredo Garlic Knots Seasoned Carrots Salisbury Steak w/ Brown Gravy White Rice Mixed Vegetables Cobb Salad	1 Burgers Buns Mixed Vegetables Chicken Tenders Waffle Fries Mome Glazed Carrots Smoothie Station	2 Honey Glazed Ham Scalloped Potatoes Home Glazed Carrots BBQ Chicken Mac & Cheese Baked Beans			
	Wonday     29     Honey Garlic Chicken Thigh (a)     Mashed Potatoes (a)     Broccoli (a)     Spaghetti (a)     Meatball w/ Marinara     Smoothie Station     5     Jambalaya (b)     Corn Muffins     Green Beans Almondine (b)     Green Beans Almondine (b)     Fried Catfish (c)     Corn On The Cob (b)     Smoothie Station     12     Salisbury Steak     White Rice (b)     Broccoli (b)     Chicken Cordon Bleu (c)     Sweet Potato Fries (b)     Smoothie Station     19     Penne Pasta (c)     Chicken Alfredo Sauce     Garlic Bread (c)     Roasted Pork Loin (b)     Caribbean Rice (b)     Roasted Vegetables (c)     Smoothie Station     26     Honey Garlic Chicken Thigh (c)     Mashed Potatoes (c)     Broccoli (c)     Spaghetti (c)     Meatball w/ Marinara	MondayTuesday29 Honey Garlic Chicken Thigh Mashed Potatoes30 Baked Pork Chops Yellow Rice30 Baked Pork Chops Yellow RiceMashed PotatoesBaked Pork Chops Yellow Rice30 Baked Pork Chops Yellow RiceSpaghetti Meatball w/ MarinaraBeet Salad5 Jambalaya Corn Muffins Green Beans Almondine Corn Muffins Green Beans Almondine Greid Carlish Corn On The Cob Fried Okra6 Spaghetti & Meatballs Broccoli Garlic Knots Roasted Chicken & Candied Yams Roasted Brussels Sprouts Broccoli Corn On The Cob Fried Okra12 Salisbury Steak White Rice Carrots Carrots Carrots Carrots Carrots Carrots Carrots Caribbean Rice Roasted Pork Loin Roasted Pork Loin Roasted Portatoes Carrots Carrothe Station13 Hot Dogs w/ Chili Cheese Sauce Waffie Fries Beef & Chicken Nachos Back Cheese Baked Beans Scalloped Potatoes BBQ Chicken Chicken Alfredo Sauce Garlic Bread Roasted Pork Loin Roasted Pork Loin Smoothie Station20 Honey Glazed Ham Scalloped Potatoes BBQ Chicken Scalloped Potatoes BBQ Chicken Smoothie Station26 Honey Garlic Chicken Thigh Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Numinara27 Baked Pork Chops Yellow Rice Spaghetti Penne Pasta Broccoli Spaghetti Penne Pasta Broccoli Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti Mashed Potatoes Spaghetti <b< td=""><td>VondayTuesdayWednesday29 Honey Garlic Chicken Thigh Mashed Potatoes30 Baked Pork Chops Yellow Rice31 Chicken Cordon Bleu Roasted Red Potatoes30 Broccoll30 Broccoll31 Chicken Parnesan Penne Pasta Broccoll31 Chicken Parnesan Penne Pasta Broccoll7 BBQ Ribs5 Jambalaya Corn Muffins Green Beans Annondine Corn On The Cob Fried Catfish Corn On The Cob Fried Craftish Corn On The Cob Fried Okra6 Spaghetti &amp; Meatballs Broccoll7 BBQ Ribs Baked Beans Garlic Knots Roasted Chicken Salad7 BBQ Ribs Mixed Vegetables Mack &amp; Cheese Almond Crust Sole Wild Rice On The Cob Corn On The Cob Fried Okra13 H Hot Dogs w/ Chili Cheese Sauce Waffie Fries Beef &amp; Chicken Nachos Queso Refried Beans Cariots Carrots Chicken Carrots Chicken Carrots Carrots<br< td=""><td>Dinner   Monday Tuesday Wednesday   1   Mashed Potatoes   Spaghetti   Mashed Potatoes   Spaghetti   Meatball w/ Marinara   Smoothie Station   Smoothie Station   Seasoned Carrots   Seasone   Seasone   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfr</td><td>Dinner     Dinner       Monday     Tuesday     Wednesday     Thursday     Friday       29 hener grafic Chicken Thigh Mashed Potatoes Broccoll Contect Spaghetti Meed Vegetables Spaghetti Meed Vegetables Second Carrots Meed Vegetables Second Carrots Second Carrots</td></br<></td></b<>	VondayTuesdayWednesday29 Honey Garlic Chicken Thigh Mashed Potatoes30 Baked Pork Chops Yellow Rice31 Chicken Cordon Bleu Roasted Red Potatoes30 Broccoll30 Broccoll31 Chicken Parnesan Penne Pasta Broccoll31 Chicken Parnesan Penne Pasta Broccoll7 BBQ Ribs5 Jambalaya Corn Muffins Green Beans Annondine Corn On The Cob Fried Catfish Corn On The Cob Fried Craftish Corn On The Cob Fried Okra6 Spaghetti & Meatballs Broccoll7 BBQ Ribs Baked Beans Garlic Knots Roasted Chicken Salad7 BBQ Ribs Mixed Vegetables Mack & Cheese Almond Crust Sole Wild Rice On The Cob Corn On The Cob Fried Okra13 H Hot Dogs w/ Chili Cheese Sauce Waffie Fries Beef & Chicken Nachos Queso Refried Beans Cariots Carrots Chicken Carrots Chicken Carrots Carrots <br< td=""><td>Dinner   Monday Tuesday Wednesday   1   Mashed Potatoes   Spaghetti   Mashed Potatoes   Spaghetti   Meatball w/ Marinara   Smoothie Station   Smoothie Station   Seasoned Carrots   Seasone   Seasone   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfr</td><td>Dinner     Dinner       Monday     Tuesday     Wednesday     Thursday     Friday       29 hener grafic Chicken Thigh Mashed Potatoes Broccoll Contect Spaghetti Meed Vegetables Spaghetti Meed Vegetables Second Carrots Meed Vegetables Second Carrots Second Carrots</td></br<>	Dinner   Monday Tuesday Wednesday   1   Mashed Potatoes   Spaghetti   Mashed Potatoes   Spaghetti   Meatball w/ Marinara   Smoothie Station   Smoothie Station   Seasoned Carrots   Seasone   Seasone   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfredo   Sanchicken Alfr	Dinner     Dinner       Monday     Tuesday     Wednesday     Thursday     Friday       29 hener grafic Chicken Thigh Mashed Potatoes Broccoll Contect Spaghetti Meed Vegetables Spaghetti Meed Vegetables Second Carrots Meed Vegetables Second Carrots Second Carrots			

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