

FLORIDA COLLEGE DINING HALL – FEBRUARY 2024

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Continental	29 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	30 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	31 Scrambled Eggs Bacon Biscuits & Gravy Bacon Oatmeal Cheese Grits	1 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	2 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	3 Closed
4 Continental	5 Scrambled Eggs Bacon French Toast Grits Oatmeal Breakfast Potatoes	6 Scrambled Eggs Omelet Scrambled Sausage Biscuits & Gravy Grits Oatmeal	7 Scrambled Eggs Hard Boiled Eggs Apple Pancakes Cheese Grits Hashbrown Turkey Bacon	8 Cheese Scrambled Eggs Biscuits and Gravy Oatmeal Grits Breakfast Potatoes Chicken Sausage	9 Scrambled Eggs Grits Oatmeal Tater Tots Hard Boiled Eggs	10 Closed
11 Continental	12 Cheese Scrambled Eggs Hard Boiled Eggs Bacon Grits Oatmeal Breakfast Potatoes	13 Scrambled Eggs Tater Tots Sausage Pancakes Grits Oatmeal	14 Scrambled Eggs Kielbasa Peppers & Onions Hashbrowns Cheese Grits Oatmeal French Toast	15 Scrambled Eggs Biscuits & Gravy Breakfast Potatoes Grits Oatmeal Bacon	16 Scrambled Eggs Hard Boiled Eggs Tater Tots Oatmeal Grits Sausage Patty	17 Closed
18 Continental	19 Cheese Scrambled Eggs Bacon Waffles Breakfast Potatoes Oatmeal Grits	20 Scrambled Eggs Tater Tots Sausage Tornados Grits Oatmeal	21 Scrambled Eggs Bacon Hashbrowns Breakfast Sandwiches Oatmeal Cheese Grits	22 Scrambled Eggs Biscuits & Gravy Breakfast Potatoes Link Sausage Oatmeal Grits	23 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	24 Closed
25 Continental	26 Cheese Scrambled Eggs Bacon Breakfast Sandwiches Tater Tots Oatmeal Grits	27 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	28 Scrambled Eggs Bacon Biscuits & Gravy Bacon Oatmeal Cheese Grits	29 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	1 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	2 Closed



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Lunch

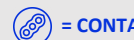
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Cheese Scrambled Eggs Biscuits & Gravy Grits Baked Chicken Thighs Mashed Potatoes Broccoli	29 Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	30 Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous Smoothie Station	31 Country Fried Steak Garlic Mashed Potatoes Green Beans Vegetable Lasagna Broccoli Roasted Tomatoes Garlic Bread Grilled Cheese Bar	1 Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous Smoothie Station	2 Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccoli Zucchini & Squash Waldorf Salad	3 Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables
4 Scrambled Eggs Bacon French Toast Fish & Chips Peas & Carrots Hush Puppies	5 Beef Pepper Steaks Veggie Lo Mein Pot Stickers Baked Mahi-Mahi Roasted Tomatoes Veggies Couscous Caesar Salad Bowl	6 Chicken Parmesan Cavatappi Pasta Green Beans Beef Tips Basmati Rice Pinto Beans/Tomatoes Smoothie Station	7 Country Fried Steak Mashed Potatoes Pepper Gravy Chicken Wings Tri-Colored Carrots Quinoa Blend Shrimp/Chicken Stir Fry	8 Meat Lasagna Broccoli Garlic Sticks Blackened Pangasius White Rice Roasted Asparagus Smoothie Station	9 Beef Stew Rice Pilaf Corn Baked Chicken Couscous Baked Sweet Potatoes Watermelon Salad	10 Cheese Scrambled Eggs Bacon Waffles Beef & Chicken Tacos Yellow Rice Beans Blend
11 Scrambled Eggs Tater Tots Sausage Orange Chicken House Fried Rice Pot Stickers	12 Spaghetti Meat Sauce Green Beans / Garlic Bread Baked Chicken Brown Rice California Blend Beet Salad	13 National Italian Food Day Chicken Picatta Roasted Brussels w/ Bacon Rice Pilaf w/ Mirapoux Pasta Pomodoro Garlic Knots Roasted Zucchini, Squash, Carrots Tiramisu, Cannoli's, Milkshakes Special Pizza, Deli, and Salad Options	14 Fried Chicken Mashed Potatoes /Gravy Mixed Vegetables Vegetable Lasagna Roasted Brussels Sprouts Sautee Mushrooms/Onions Valentine's Day Lunch Quesadilla Bar	15 Beef Stroganoff Cavatappi Pasta Seasoned Peas Baked Mahi Mahi Red & Black Quinoa Bahamas Blend Smoothie Station	16 Sloppy Joe Potato Wedges Seasoned Corn Rosemary Chicken Thighs Roasted Potatoes Broccoli Everything Bagel Pasta	17 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots Fried Chicken Mashed Potatoes Corn
18 Scrambled Eggs Bacon Biscuits and Gravy Spaghetti Meatballs Green Beans Garlic Bread	19 Beef Stew White Rice Mixed Vegetables Teriyaki Glazed Salmon Mashed Potatoes Asparagus Caprese Salad	20 Beef & Chicken Tacos Yellow Rice Beans Blend Baked Chicken Couscous Baked Sweet Potatoes Smoothie Station	21 Chicken Wings Potatoes Wedges Green Beans Jasmine Rice Mixed Vegetables Sautee Shrimp BBQ Bowl	22 Orange Chicken House Fried Rice Pot Stickers Mediterranean Tilapia Quinoa Blend Broccoli Smoothie Station	23 Fish & Chips Hush Puppies Roasted Vegetables Latin Chicken w/ Pico De Gallo Brown Rice Plantains Caesar Salad Bowl	24 Scrambled Eggs Bacon French Toast Beef Pepper Steak Veggie Lo Mein Pot Stickers
25 Cheese Scrambled Eggs Biscuits & Gravy Grits Baked Chicken Thighs Mashed Potatoes Green Bean Blend	26 Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	27 Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous National Strawberry Day Smoothie Station	28 Country Fried Steak Garlic Mashed Potatoes Green Beans Lemon Dill Tilapia Broccoli Garlic Bread Grilled Cheese Bar	29 Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous Smoothie Station	1 Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccoli Zucchini & Squash Waldorf Salad	2 Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables



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



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Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Fried Shrimp * Hush Puppies * Steak Fries   * BBQ Pulled Pork  * Broccoli   Onion Rings	29 Honey Garlic Chicken Thigh   Mashed Potatoes  Broccoli   Spaghetti  Meatball w/ Marinara Smoothie Station	30 Baked Pork Chops Yellow Rice   Green Beans   Chicken Parmesan * Penne Pasta Broccoli   Beet Salad	31 Chicken Cordon Bleu * Roasted Red Potatoes   Mixed Vegetables   Teriyaki Chicken * Le Mein Egg Rolls * Smoothie Station	1 Penne Chicken Alfredo Garlic Knots * Seasoned Carrots   Pot Roast  White Rice   Mixed Vegetables   Cobb Salad	2 Burgers  Buns Mixed Vegetables   Chicken Tenders * Waffle Fries  * Home Glazed Carrots 	3 Honey Glazed Ham  Scalloped Potatoes  Home Glazed Carrots  BBQ Chicken   Mac & Cheese Baked Beans  
4 Orange Chicken   House Fried Rice   Egg Rolls   Fried Cod   Steak Fries    Hush Puppies  	5 Jambalaya  Corn Muffins Green Beans Almondine   Fried Catfish  Corn On The Cob   Fried Okra Smoothie Station	6 Spaghetti & Meatballs Broccolini   Garlic Knots   Roasted Chicken Candied Yams Roasted Brussels Sprouts   Asian Chicken Salad	7 BBQ Ribs   Baked Beans   Mac & Cheese Almond Crust Sole   Wild Rice  Mixed Vegetables   Smoothie Station	8 Grilled Flank Steak  Baked Potatoes   Creamed Collar Green   Fried Pork Chop    White Rice   Gravy Green Beans   Quinoa Salad	9 Fried Shrimp   Hush Puppies   Steak Fries    BBQ Pulled Pork    Broccoli   Potato Wedges    Smoothie Station	10 Burgers  Buns Mixed Vegetables   Chicken Tenders   Waffle Fries    Home Glazed Carrots 
11 Baked Chicken  Roasted Red Potatoes   Mixed Vegetables   BBQ Porkchops White Rice   Cauliflower	12 Salisbury Steak White Rice   Broccoli   Chicken Cordon Bleu   Sweet Potato Fries    Carrots   Smoothie Station	13 Hot Dogs w/ Chili Cheese Sauce Waffle Fries Beef & Chicken Nachos  Queso  Refried Beans   Pear Salad	14 Chicken Pot Pie  Buttered Noodles Peas & Carrots   Beef Empanadas   Black Beans   Yellow Rice   Smoothie Station	15 Penne Chicken Alfredo Garlic Knots   Seasoned Carrots   Country Fried Steak White Pepper Gravy White Rice   Roasted Red Potatoes    Cobb Salad	16 Orange Chicken   House Fried Rice   Egg Rolls   Fried Cod   Steak Fries    Hush Puppies  	17 Fried Pork Chops   Yellow Rice   Green Beans   Chicken Parmesan   Penne Pasta   Broccoli  
18 BBQ Ribs   Baked Beans   Mac & Cheese Almond Crust Sole   Wild Rice   Mixed Vegetables  	19 Penne Pasta  Chicken Alfredo Sauce Garlic Bread  Roasted Pork Loin  Caribbean Rice  Roasted Vegetables   Smoothie Station	20 Honey Glazed Ham   Scalloped Potatoes   BBQ Chicken    Mac & Cheese Baked Beans   Roasted Cauliflower Italian Pasta Salad	21 Chicken Curry  Basmati Rice   Mixed Vegetables   Baked Ravioli   Roasted Zucchini & Squash    Garlic Bread   Smoothie Station	22 Pierogies   Kielbasa Onion & Peppers   Carrots   Salisbury Steak Garlic Mashed Potatoes   Mixed Vegetables   Salmon Niçoise Salad	23 Baked Chicken  Rice Pilaf    Seasoning Peas    Beef Empanadas    Chicken Empanadas    Yucca Frita   Smoothie Station	24 Chicken Tenders Onion Rings Mac & Cheese Burgers Potato Wedges    Mixed Vegetables  
25 Fried Shrimp   Hush Puppies   Steak Fries    BBQ Pulled Pork    Broccoli   Waffle Fries	26 Honey Garlic Chicken Thigh   Mashed Potatoes  Broccoli   Spaghetti  Meatball w/ Marinara Smoothie Station	27 Baked Pork Chops Yellow Rice   Green Beans   Chicken Parmesan   Penne Pasta Broccoli   Beet Salad	28 Chicken Cordon Bleu   Roasted Red Potatoes    Mixed Vegetables    Teriyaki Chicken   Le Mein Egg Rolls   Smoothie Station	29 Penne Chicken Alfredo Garlic Knots   Seasoned Carrots    Salisbury Steak w/ Brown Gravy White Rice   Mixed Vegetables    Cobb Salad	1 Burgers  Buns Mixed Vegetables    Chicken Tenders    Waffle Fries    Home Glazed Carrots 	2 Honey Glazed Ham  Scalloped Potatoes  Home Glazed Carrots  BBQ Chicken   Mac & Cheese Baked Beans  



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