










































































































# FLORIDA COLLEGE DINING HALL – FEBRUARY 2024

## Breakfast

| Sunday                  | Monday   | Tuesday   |  |  | Friday   | Saturday                     |
|-------------------------|--|---|--|--|--|------------------------------|
| 25<br>Continental       | 26<br>Cheese Scrambled Eggs <br>Bacon <br>Breakfast Sandwiches<br>Tater Tot <br>Oatmeal <br>Grits   | 27<br>Scrambled Eggs <br>Breakfast Potatoes<br>Sausage <br>Pancakes<br>Grits <br>Oatmeal    | 28<br>Scrambled Eggs <br>Bacon <br>Biscuits <br>& Gravy<br>Bacon <br>Oatmeal <br>Cheese Grits            | 29<br>Cheese Omelets <br>Waffles <br>Breakfast Potatoes <br>Link Sausage <br>Oatmeal <br>Grits                       | 1<br>Scrambled Eggs <br>Kielbasa Peppers & Onions<br>Tater Tot <br>French Toast <br>Grits <br>Oatmeal   | 2<br>Closed                  |
| 3<br>Continental        | 4<br>Scrambled Eggs <br>Bacon <br>French Toast <br>Grits <br>Oatmeal <br>Breakfast Potatoes              | 5<br>Scrambled Eggs <br>Omelet Scrambled <br>Sausage <br>Biscuits <br>& Gravy<br>Grits <br>Oatmeal  | 6<br>Scrambled Eggs <br>Hard Boiled Eggs <br>Apple Pancakes<br>Cheese Grits<br>Hashbrown <br>Turkey Bacon   | 7<br>Cheese Scrambled Eggs <br>Biscuits and Gravy<br>Oatmeal <br>Grits <br>Breakfast Potatoes <br>Chicken Sausage   | 8<br>Scrambled Eggs <br>Grits <br>Oatmeal <br>Tater Tot <br>Hard Boiled Eggs    | 9<br>Closed For Spring Break |
| 10                      | 11   | 12  | 13   | 14   | 15   | 16                           |
| Closed For Spring Break |  |   |  |  |  |                              |
| 17<br>Continental       | 18<br>Cheese Scrambled Eggs <br>Bacon <br>Waffles <br>Breakfast Potatoes <br>Oatmeal <br>Grits  | 19<br>Scrambled Eggs <br>Tater Tot <br>Sausage <br>Tornados <br>Grits <br>Oatmeal          | 20<br>Scrambled Eggs <br>Bacon <br>Hashbrowns <br>Breakfast Sandwiches<br>Oatmeal <br>Cheese Grits  | 21<br>Scrambled Eggs <br>Biscuits <br>& Gravy<br>Breakfast Potatoes <br>Link Sausage <br>Oatmeal <br>Grits  | 22<br>Scrambled Eggs <br>Kielbasa Peppers & Onions <br>Tater Tot <br>French Toast <br>Grits <br>Oatmeal     | 23<br>Closed                 |
| 24<br>Continental       | 25<br>Cheese Scrambled Eggs <br>Bacon <br>Breakfast Sandwiches<br>Tater Tot <br>Oatmeal <br>Grits   | 26<br>Scrambled Eggs <br>Breakfast Potatoes<br>Sausage <br>Pancakes<br>Grits <br>Oatmeal    | 27<br>Scrambled Eggs <br>Bacon <br>Biscuits <br>& Gravy<br>Bacon <br>Oatmeal <br>Cheese Grits | 28<br>Cheese Omelets <br>Waffles <br>Breakfast Potatoes <br>Link Sausage <br>Oatmeal <br>Grits           | 29<br>Scrambled Eggs <br>Kielbasa Peppers & Onions <br>Tater Tot <br>French Toast <br>Grits <br>Oatmeal  | 30<br>Closed                 |



= GLUTEN FREE









































































































































= VEGAN



= CONTAINS SOY



































































































































































































# FLORIDA COLLEGE DINING HALL – FEBRUARY 2024

## Lunch

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|--|---|---|---|--|--|
| <b>25</b><br>Cheese Scrambled Eggs <br>Biscuits  & Gravy<br>Grits <br>Baked Chicken Thighs <br>Mashed Potatoes <br>Green Bean Blend  | <b>26</b><br>Fried Chicken <br>Mashed Potatoes <br>Corn <br>Garlic Butter Baked Salmon <br>Roasted Potatoes <br>Asparagus <br>Watermelon Salad               | <b>27</b><br>Jambalaya <br>Corn Muffins <br>Carrots <br>Baked Chicken <br>Bahamas Blend Veg <br>Couscous <br>Smoothie Station             | <b>28</b><br>Country Fried Steak<br>Garlic Mashed Potatoes <br>Green Beans <br>Lemon Dill Tilapia<br>Broccoli <br>Roasted Tomatoes <br>Garlic Bread <br>Grilled Cheese Bar | <b>29</b><br>Baked Chicken Thighs <br>Mashed Potatoes <br>Broccoli <br>Blackened Pangasius<br>Roasted Tomatoes <br>Veggies Couscous <br>Smoothie Station           | <b>1</b><br>Beef Thai Curry<br>Basmati Rice<br>Green Bean Medley<br>Blackened Chicken Breast<br>Broccolini <br>Zucchini & Squash <br>Waldorf Salad   | <b>2</b><br>Cheese Scrambled Eggs <br>Breakfast Potatoes <br>Bacon <br>Beef Stew<br>White Rice <br>Mixed Vegetables   |
| <b>3</b><br>Scrambled Eggs <br>Bacon <br>French Toast <br>Fish & Chips <br>Peas & Carrots <br>Hush Puppies                           | <b>4</b><br>Beef Pepper Steaks <br>Veggie Lo Mein<br>Pot Stickers <br>Baked Mahi-Mahi<br>Roasted Tomatoes <br>Veggies Couscous <br>Pasta Salad Bar   | <b>5</b><br>Chicken Parmesan <br>Cavatappi Pasta <br>Green Beans <br>Beef Tips<br>Brown Rice <br>Pinto Beans/Tomatoes <br>Smoothie Station   | <b>6</b><br>Country Fried Steak <br>Mashed Potatoes <br>Pepper Gravy<br>Chicken Wings<br>Tri-Colored Carrots<br>Quinoa Blend <br>Shrimp/Chicken Stir Fry   | <b>7</b><br>Meat Lasagna<br>Broccoli <br>Garlic Sticks <br>Blackened Pangasius<br>Brown Rice <br>Roasted Asparagus <br>Smoothie Station   | <b>8</b><br>Beef Stew<br>Rice Pilaf <br>Corn <br>Baked Chicken <br>Couscous <br>Baked Sweet Potatoes <br>Watermelon Salad                                       | <b>9</b><br>Closed For Spring Break  |
| <b>Closed For Spring Break</b>   |  |   |   |   |  |  |
| <b>10</b>  | <b>11</b>  | <b>12</b>   | <b>13</b>   | <b>14</b>   | <b>15</b>  | <b>16</b><br>Scrambled Eggs <br>Kielbasa Peppers & Onions <br>Tater Tots <br>Fried Chicken Patties <br>Mashed Potatoes <br>Corn            |
| <b>17</b><br>Scrambled Eggs <br>Bacon <br>Biscuits  and Gravy<br>Spaghetti <br>Meatballs<br>Green Beans <br>Garlic Bread   | <b>18</b><br>Beef Stew<br>White Rice <br>Mixed Vegetables <br>Baked Salmon <br>Mashed Potatoes <br>Asparagus <br>Caprese Salad   | <b>19</b><br>Beef & Chicken Tacos<br>Yellow Rice <br>Beans Blend <br>Baked Chicken <br>Couscous<br>Baked Sweet Potatoes <br>Smoothie Station   | <b>20</b><br>Chicken Wings<br>Potatoes Wedges <br>Green Beans <br>Jasmine Rice <br>Mixed Vegetables <br>Sautee Shrimp<br>Greek Salad Bar   | <b>21</b><br>Orange Chicken <br>House Fried Rice <br>Pot Stickers <br>Mediterranean Tilapia<br>Quinoa Blend<br>Broccoli <br>Smoothie Station   | <b>22</b><br>Fish & Chips <br>Hush Puppies <br>Roasted Vegetables<br>Latin Chicken w/ Pico De Gallo <br>Brown Rice <br>Plantains <br>Caesar Salad Bowl | <b>23</b><br>Scrambled Eggs <br>Bacon <br>French Toast <br>Beef Pepper Steak <br>Brown Rice <br>Veggie Lo Mein<br>Pot Stickers  |
| <b>24</b><br>Cheese Scrambled Eggs <br>Biscuits  & Gravy<br>Grits <br>Baked Chicken Thighs <br>Mashed Potatoes <br>Green Bean Blend   | <b>25</b><br>Fried Chicken <br>Mashed Potatoes <br>Corn <br>Garlic Butter Baked Salmon <br>Roasted Potatoes <br>Asparagus <br>Chicken Waffle Bar | <b>26</b><br>Jambalaya <br>Corn Muffins <br>Carrots <br>Baked Chicken <br>Bahamas Blend Veg <br>Couscous <br>Smoothie Station | <b>27</b><br>Country Fried Steak<br>Garlic Mashed Potatoes <br>Green Beans <br>Lemon Dill Tilapia<br>Broccoli <br>Garlic Bread <br>Ramen Noodle Bar   | <b>28</b><br>Baked Chicken Thighs <br>Mashed Potatoes <br>Broccoli <br>Blackened Pangasius<br>Roasted Tomatoes <br>Veggies Couscous <br>Smoothie Station | <b>29</b><br>Beef Thai Curry<br>Basmati Rice<br>Green Bean Medley<br>Blackened Chicken Breast<br>Broccolini <br>Zucchini & Squash <br>Waldorf Salad  | <b>30</b><br>Cheese Scrambled Eggs <br>Breakfast Potatoes <br>Bacon <br>Beef Stew<br>White Rice <br>Mixed Vegetables    |

# FLORIDA COLLEGE DINING HALL – FEBRUARY 2024

## Dinner

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|---|---|---|---|--|--|--|
| <b>25</b><br>Fried Shrimp *<br>Hush Puppies *<br>Steak Fries   *<br>BBQ Pulled Pork  *<br>Broccoli  <br>Waffle Fries   | <b>26</b><br>Honey Garlic Chicken Thigh  <br>Mashed Potatoes  <br>Broccoli  <br>Spaghetti <br>Meatball w/ Marinara<br>Garlic Knots<br><br>Smoothie Station   | <b>27</b><br>Baked Pork Chops<br>Yellow Rice  <br>Green Beans  <br>Chicken Parmesan *<br>Penne Pasta<br>Broccoli  <br><br>Beet Salad  | <b>28</b><br>Chicken Cordon Bleu *<br>Roasted Red Potatoes  <br>Mixed Vegetables  <br>Teriyaki Chicken *<br>Le Mein<br>Egg Rolls *<br><br>Smoothie Station  | <b>29</b><br>Penne Chicken Alfredo<br>Garlic Knots *<br>Seasoned Carrots  <br>Salisbury Steak<br>White Rice  <br>Mixed Vegetables  <br><br>Cobb Salad  | <b>1</b><br>Burgers <br>Buns<br>Mixed Vegetables  <br>Chicken Tenders *<br>Waffle Fries  *<br>Home Glazed Carrots <br><br>Smoothie Station  | <b>2</b><br>Honey Glazed Ham <br>Scalloped Potatoes  <br>Home Glazed Carrots  <br>BBQ Chicken  <br>Mac & Cheese<br>Baked Beans                      |
| <b>3</b><br>Philly Cheesesteak Pasta<br>Broccolini  <br>Garlic Knots <br>Roasted Chicken<br>Candied Yams<br>Roasted Brussels Sprouts  <br><br>Smoothie Station   | <b>4</b><br>Jambalaya <br>Corn Muffins<br>Green Beans Almondine  <br>Fried Catfish <br>Corn On The Cob  <br>Fried Okra<br><br>Smoothie Station  | <b>5</b><br>Spaghetti & Meatballs<br>Broccolini  <br>Garlic Knots <br>Roasted Chicken<br>Candied Yams<br>Roasted Brussels Sprouts  <br><br>Asian Chicken Salad   | <b>6</b><br>BBQ Ribs  <br>Baked Beans  <br>Mac & Cheese<br>Almond Crust Sole <br>Wild Rice<br>Mixed Vegetables  <br><br>Smoothie Station  | <b>7</b><br>Grilled Flank Steak <br>Baked Potatoes  <br>Creamed Collar Green<br>Fried Pork Chop  <br>White Rice  <br>Gravy<br>Green Beans  <br>Quinoa Salad | <b>8</b><br>Fried Shrimp <br>Hush Puppies <br>Steak Fries    <br>BBQ Pulled Pork  <br>Buns<br>Broccoli  <br><br>Smoothie Station | <b>9</b><br>Closed For Spring Break  |
| Closed For Spring Break   |   |   |   |  |  |  |
| <b>10</b><br>   | <b>11</b><br>   | <b>12</b><br>   | <b>13</b><br>   | <b>14</b><br>  | <b>15</b><br>  | <b>16</b><br>Pork Chops <br>Yellow Rice  <br>Green Beans  <br>Chicken Parmesan <br>Penne Pasta<br>Broccoli     |
| <b>17</b><br>BBQ Ribs  <br>Baked Beans  <br>Mac & Cheese<br>Almond Crust Sole <br>Wild Rice<br>Mixed Vegetables    | <b>18</b><br>Penne Pasta <br>Chicken Alfredo Sauce<br>Garlic Bread <br>Roasted Pork Loin <br>Caribbean Rice<br>Roasted Vegetables  <br>Smoothie Station   | <b>19</b><br>Honey Glazed Ham  <br>Roasted Potatoes  <br>BBQ Chicken  <br>Mac & Cheese<br>Baked Beans  <br>Roasted Cauliflower<br>Italian Pasta Salad | <b>20</b><br>Chicken Curry <br>Basmati Rice  <br>Mixed Vegetables  <br>Baked Ravioli <br>Roasted Zucchini & Squash  <br>Garlic Bread <br>Smoothie Station | <b>21</b><br>Pierogies <br>Kielbasa Onion & Peppers <br>Carrots  <br>Salisbury Steak<br>Garlic Mashed Potatoes<br>Mixed Vegetables  <br>Salmon Niçoise Salad   | <b>22</b><br>Baked Chicken <br>Rice Pilaf  <br>Seasoning Peas   <br>Beef Empanadas<br>Chicken Empanadas <br>Yucca Frita<br>Smoothie Station  | <b>23</b><br>Chicken Tenders<br>Onion Rings<br>Mac & Cheese<br>Burgers<br>Potato Wedges  <br>Mixed Vegetables    |
| <b>24</b><br>Fried Shrimp <br>Hush Puppies <br>Steak Fries   <br>BBQ Pulled Pork   <br>Broccoli  <br>Waffle Fries | <b>25</b><br>Honey Garlic Chicken Thigh  <br>Mashed Potatoes  <br>Broccoli  <br>Spaghetti <br>Meatball w/ Marinara<br>Garlic Knots <br><br>Smoothie Station | <b>26</b><br>Baked Pork Chops<br>Yellow Rice  <br>Green Beans  <br>Chicken Parmesan <br>Penne Pasta<br>Broccoli  <br><br>Beet Salad  | <b>27</b><br>Chicken Cordon Bleu <br>Roasted Red Potatoes  <br>Mixed Vegetables  <br>Teriyaki Chicken <br>Le Mein<br>Egg Rolls <br><br>Smoothie Station  | <b>28</b><br>Penne Chicken Alfredo<br>Garlic Knots <br>Seasoned Carrots  <br>Salisbury Steak w/ Brown Gravy<br>White Rice  <br>Mixed Vegetables  <br><br>Cobb Salad   | <b>29</b><br>Burgers <br>Buns<br>Mixed Vegetables  <br>Chicken Tenders  <br>Waffle Fries  <br>Home Glazed Carrots <br><br>Smoothie Station   | <b>30</b><br>Honey Glazed Ham <br>Scalloped Potatoes  <br>Home Glazed Carrots  <br>BBQ Chicken  <br>Mac & Cheese<br>Baked Beans   |



= GLUTEN FREE



= VEGAN



= CONTAINS SOY