

# FLORIDA COLLEGE DINING HALL – APRIL 2024

## Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Continental	1 Scrambled Eggs Bacon French Toast Grits Oatmeal Breakfast Potatoes	2 Scrambled Eggs Omelet Scrambled Sausage Biscuits  & Gravy Grits Oatmeal	3 Scrambled Eggs Hard Boiled Eggs Apple Pancakes Cheese Grits Hashbrown Turkey Bacon	4 Cheese Scrambled Eggs Biscuits and Gravy Oatmeal Grits Breakfast Potatoes Chicken Sausage	5 Scrambled Eggs Grits Oatmeal Tater Tots Hard Boiled Eggs	6 Closed
7 Continental	8 Cheese Scrambled Eggs Hard Boiled Eggs Bacon Grits Oatmeal Breakfast Potatoes	9 Scrambled Eggs Tater Tots Sausage Pancakes Grits Oatmeal	10 Scrambled Eggs Kielbasa Peppers & Onions Hashbrowns Cheese Grits Oatmeal French Toast	11 Scrambled Eggs Biscuits  & Gravy Breakfast Potatoes Grits Oatmeal Bacon	12 Scrambled Eggs Hard Boiled Eggs Tater Tots Oatmeal Grits Sausage Patty	13 Closed
14 Continental	15 Cheese Scrambled Eggs Bacon Waffles Breakfast Potatoes Oatmeal Grits	16 Scrambled Eggs Tater Tots Sausage Tornados Grits Oatmeal	17 Scrambled Eggs Bacon Hashbrowns Breakfast Sandwiches Oatmeal Cheese Grits	18 Scrambled Eggs Biscuits  & Gravy Breakfast Potatoes Link Sausage Oatmeal Grits	19 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	20 Closed
21 Continental	22 Cheese Scrambled Eggs Bacon Breakfast Sandwiches Tater Tots Oatmeal Grits	23 Scrambled Eggs Breakfast Potatoes Sausage Pancakes Grits Oatmeal	24 Scrambled Eggs Bacon Biscuits  & Gravy Bacon Oatmeal Cheese Grits	25 Cheese Omelets Waffles Breakfast Potatoes Link Sausage Oatmeal Grits	26 Scrambled Eggs Kielbasa Peppers & Onions Tater Tots French Toast Grits Oatmeal	27 Closed
28 Continental	29 Scrambled Eggs Bacon French Toast Grits Oatmeal Breakfast Potatoes	30 Scrambled Eggs Omelet Scrambled Sausage Biscuits  & Gravy Grits Oatmeal	1 Scrambled Eggs Hard Boiled Eggs Apple Pancakes Cheese Grits Hashbrown Turkey Bacon	2 Cheese Scrambled Eggs Biscuits and Gravy Oatmeal Grits Breakfast Potatoes Chicken Sausage	3 Scrambled Eggs Grits Oatmeal Tater Tots Hard Boiled Eggs	4 Closed



= GLUTEN FREE



= VEGAN



= CONTAINS SOY

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## Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31</b> Scrambled Eggs Bacon French Toast Fish & Chips Peas & Carrots Hush Puppies	<b>1</b> Beef Pepper Steaks Veggie Lo Mein Egg Rolls Baked Mahi-Mahi Roasted Tomatoes Veggies Couscous Caesar Salad Bowl	<b>2</b> Chicken Parmesan Cavatappi Pasta Green Beans Roasted Turkey Basmati Rice Pinto Beans/Tomatoes Smoothie Station	<b>3</b> Country Fried Steak Mashed Potatoes Green Beans Baked Wings Tri-Colored Carrots Quinoa Blend Shrimp/Chicken Stir Fry	<b>4</b> Meat Lasagna Broccoli Garlic Sticks Blackened Pangasius White Rice Roasted Asparagus Smoothie Station	<b>5</b> Hot Dogs Chili/Cheese Onion Rings Baked Chicken Couscous Baked Sweet Potatoes Watermelon Salad	<b>6</b> Cheese Scrambled Eggs Bacon Waffles Beef & Chicken Tacos Yellow Rice Beans Blend
<b>7</b> Scrambled Eggs Tater Tots Sausage Orange Chicken House Fried Rice Pot Stickers	<b>8</b> <b>National Empanada Day</b> Beef & Chicken Empanadas Refried Beans Yucca Fries Baked Chicken Brown Rice California Blend Beet Salad	<b>9</b> Chicken Picatta Roasted Brussels w/ Bacon Rice Pilaf w/ Mirapoux Pasta Pomodoro Garlic Knots Roasted Zucchini, Squash, Carrots Tiramisu, Cannoli's, Milkshakes Special Pizza, Deli, and Salad Options	<b>10</b> Fried Chicken Mashed Potatoes  /Gravy Mixed Vegetables Lemon Dill Pangasius Roasted Brussels Sprouts Sautee Mushrooms/Onions Quesadilla Bar	<b>11</b> Beef Stroganoff Cavatappi Pasta Seasoned Peas Baked Mahi Mahi Red & Black Quinoa Bahamas Blend Smoothie Station	<b>12</b> Sloppy Joe Potato Wedges Seasoned Corn Rosemary Chicken Thighs Roasted Potatoes Broccolini Caesar Salad Bowl	<b>13</b> Scrambled Eggs Kielbasa Peppers & Onions Tater Tots Fried Chicken Mashed Potatoes Corn
<b>14</b> Scrambled Eggs Bacon Biscuits and Gravy Spaghetti Meatballs Green Beans Garlic Bread	<b>15</b> Beef Stew White Rice Mixed Vegetables Baked Salmon Roasted Red Potatoes Asparagus Caprese Salad	<b>16</b> Beef & Chicken Tacos Yellow Rice Beans Blend Baked Chicken Couscous Baked Sweet Potatoes Smoothie Station	<b>17</b> Chicken Wings Potatoes Wedges Green Beans Brown Rice Roasted Roma Tomatoes Sautee Shrimp BBQ Bowl	<b>18</b> Orange Chicken House Fried Rice Pot Stickers Mediterranean Tilapia Quinoa Blend Broccoli Smoothie Station	<b>19</b> Fish & Chips Hush Puppies Roasted Vegetables Lemon/Rosemary Chicken Legs Brown Rice Tri-Colored Carrots <b>Buffalo Chicken Lasagna</b> Caesar Salad Bowl	<b>20</b> Scrambled Eggs Bacon French Toast Beef Pepper Steak Veggie Lo Mein Pot Stickers
<b>21</b> Cheese Scrambled Eggs Biscuits & Gravy Grits Baked Chicken Thighs Mashed Potatoes Green Bean Blend	<b>22</b> <b>Earth Day Lunch</b> Fried Chicken Mashed Potatoes Corn Garlic Butter Baked Salmon Roasted Potatoes Asparagus Watermelon Salad	<b>23</b> Jambalaya Corn Muffins Carrots Baked Chicken Bahamas Blend Veg Couscous Smoothie Station	<b>24</b> Country Fried Steak Garlic Mashed Potatoes Green Beans Rosemary Pork Loin Broccoli Quinoa Blend Grilled Cheese Bar	<b>25</b> Baked Chicken Thighs Mashed Potatoes Broccoli Blackened Pangasius Roasted Tomatoes Veggies Couscous Smoothie Station	<b>26</b> Beef Thai Curry Basmati Rice Green Bean Medley Blackened Chicken Breast Broccolini Zucchini & Squash <b>Pretzel Station</b>	<b>27</b> Beef Scrambled Eggs Breakfast Potatoes Bacon Beef Stew White Rice Mixed Vegetables
<b>28</b> Scrambled Eggs Bacon French Toast Fish & Chips Peas & Carrots Hush Puppies	<b>29</b> Beef Pepper Steaks Veggie Lo Mein Egg Rolls Baked Mahi-Mahi Roasted Tomatoes Veggies Couscous Caesar Salad Bowl	<b>30</b> Chicken Parmesan Cavatappi Pasta Green Beans Roasted Turkey Basmati Rice Pinto Beans/Tomatoes Smoothie Station	<b>1</b> Country Fried Steak Mashed Potatoes Green Beans Baked Wings Tri-Colored Carrots Quinoa Blend Shrimp/Chicken Stir Fry	<b>2</b> Meat Lasagna Broccoli Garlic Sticks Blackened Pangasius White Rice Roasted Asparagus Smoothie Station	<b>3</b> Hot Dogs Chili/Cheese Onion Rings Baked Chicken Couscous Baked Sweet Potatoes Watermelon Salad	<b>4</b> Cheese Scrambled Eggs Bacon Waffles Beef & Chicken Tacos Yellow Rice Beans Blend



# FLORIDA COLLEGE DINING HALL – APRIL 2024

## Dinner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Orange Chicken  House Fried Rice  Egg Rolls  Fried Cod  Steak Fries  Hush Puppies 	1 BBQ Pulled Pork Potato Wedges  Green Beans Almondine  Fried Catfish  Corn On The Cob  Fried Okra Smoothie Station	2 Spaghetti & Meatballs Broccoli  Garlic Knots  Roasted Chicken  Candied Yams  Roasted Brussels Sprouts  Asian Chicken Salad	3 BBQ Ribs  Baked Beans  Mac & Cheese Almond Crust Sole  Wild Rice  Mixed Vegetables  Smoothie Station	4 Grilled Flank Steak  Baked Potatoes  Creamed Collar Green  Fried Pork Chop  White Rice  Gravy Green Beans  Quinoa Salad	5 Fried Shrimp  Hush Puppies  Steak Fries  BBQ Pulled Pork  Broccoli  Potato Wedges  Smoothie Station	6 Burgers  Buns Mixed Vegetables  Chicken Tenders  Waffle Fries  Home Glazed Carrots 
7 Baked Chicken  Roasted Red Potatoes  Mixed Vegetables  BBQ Porkchops White Rice  Cauliflower	8 Salisbury Steak White Rice  Broccoli  Chicken Cordon Bleu  Roasted Sweet Potatoes  Carrots  Smoothie Station	9 Hot Dogs w/ Chili Cheese Sauce Waffle Fries Beef & Chicken Nachos  Queso  Refried Beans  Pear Salad	10 Chicken Pot Pie  Buttered Noodles Peas & Carrots  Spaghetti Meat Sauce Garlic Breadsticks Smoothie Station	11 Penne Chicken Alfredo Garlic Knots  Seasoned Carrots  Country Fried Steak White Pepper Gravy White Rice  Green Beans  Cobb Salad	12 Orange Chicken  House Fried Rice  Egg Rolls  Fried Cod  Steak Fries  Hush Puppies  Smoothie Station	13 Fried Pork Chops  Yellow Rice  Green Beans  Chicken Parmesan  Penne Pasta  Broccoli 
14 BBQ Ribs  Baked Beans  Mac & Cheese Almond Crust Sole  Wild Rice  Mixed Vegetables 	15 Penne Pasta  Chicken Alfredo Sauce Garlic Bread  Roasted Pork Loin  Caribbean Rice  Roasted Vegetables  Smoothie Station	16 Honey Glazed Ham  Scalloped Potatoes  BBQ Chicken  Mac & Cheese Baked Beans  Roasted Cauliflower Italian Pasta Salad	17 Chicken Curry  Basmati Rice  Mixed Vegetables  Baked Ravioli  Roasted Zucchini & Squash  Garlic Bread  Smoothie Station	18 Pierogies  Kielbasa Onion & Peppers  Carrots  Salisbury Steak Garlic Mashed Potatoes  Mixed Vegetables  Salmon Niçoise Salad	19 Baked Chicken  Rice Pilaf  Seasoning Peas  Beef Empanadas  Chicken Empanadas  Yucca Frita  Smoothie Station	20 Chicken Tenders Onion Rings Mac & Cheese Burgers Potato Wedges  Mixed Vegetables 
21 Fried Shrimp  Hush Puppies  Steak Fries  BBQ Pulled Pork  Broccoli  Waffle Fries	22 Honey Garlic Chicken Thigh  Mashed Potatoes  Broccoli  Spaghetti  Meatball w/ Marinara Smoothie Station	23 Baked Pork Chops Yellow Rice  Green Beans  Chicken Parmesan  Penne Pasta Broccoli  Beet Salad	24 Blackened Tilapia  Roasted Red Potatoes  Mixed Vegetables  Teriyaki Chicken  Le Mein Egg Rolls  Smoothie Station	25 Penne Chicken Alfredo Garlic Knots  Seasoned Carrots  Salisbury Steak w/ Brown Gravy White Rice  Mixed Vegetables  Cobb Salad	26 Burgers  Onion Rings Mixed Vegetables  Chicken Tenders  Waffle Fries  Home Glazed Carrots  Smoothie Station	27 Honey Glazed Ham  Scalloped Potatoes  Home Glazed Carrots  BBQ Chicken  Mac & Cheese Baked Beans 
28 Orange Chicken  House Fried Rice  Egg Rolls  Fried Cod  Steak Fries  Hush Puppies 	29 BBQ Pulled Pork Potato Wedges  Green Beans Almondine  Fried Catfish  Corn On The Cob  Fried Okra Smoothie Station	30 Spaghetti & Meatballs Broccoli  Garlic Knots  Roasted Chicken  Candied Yams  Roasted Brussels Sprouts  Asian Chicken Salad	1 BBQ Ribs  Baked Beans  Mac & Cheese Almond Crust Sole  Wild Rice  Mixed Vegetables  Smoothie Station	2 Grilled Flank Steak  Baked Potatoes  Creamed Collar Green  Fried Pork Chop  White Rice  Gravy Green Beans  Quinoa Salad	3 Fried Shrimp  Hush Puppies  Steak Fries  BBQ Pulled Pork  Broccoli  Potato Wedges  Smoothie Station	4 Burgers  Buns Mixed Vegetables  Chicken Tenders  Waffle Fries  Home Glazed Carrots 

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