

Week 4	Monday 11/4/2024	Tuesday 11/5/2024	Wednesday 11/6/2024	Thursday 11/7/2024	Friday 11/8/2024	Saturday 11/9/2024	Sunday 11/10/2024
the Classics	Scrambled Eggs GF Tater Tots V Muffins - Pastries V	Cheese Omelette GF Biscuits and Gravy Muffins - Pastries V	Cheese Omelet GF Grits V - Tater Tots V Muffins - Pastries V	BREAKFAST Scrambled Eggs GF Home Fries V- Bacon GF Muffins - Pastries V	Scrambled Eggs GF Sausage GF - Home Fries V Muffins - Pastries V		Continental Breakfast Pastry/Danish Variety Dry Cereal Milk-Juice-Fruit-Yogurt
cerealBOX	Oatmeal Variety Dry Cereal Milk-Juice-Fruit-Yogurt	Cheese Grits Variety Dry Cereal Milk-Juice-Fruit-Yogurt	Oatmeal Variety Dry Cereal Milk-Juice-Fruit-Yogurt	Cheese Grits Variety Dry Cereal Milk-Juice-Fruit-Yogurt	Oatmeal Variety Dry Cereal Milk-Juice-Fruit-Yogurt		

LUNCH

Brunch Menu

Brunch Menu

the Classics	Orange Chicken Fried Rice GF Egg Rolls	Beef/Chicken Empanadas Refried Beans with Cheese V Elote Corn Blend GF V	Spagetti and Meatballs Garlic Knots V Cauliflower and Broccoli GF V	Jumbalaya Corn Muffins V Bahama Blend Vegetables GF V	Mojo Pork GF Plantains GF V Rice and Black Beans GF V	French Toast Sticks V Cheese Eggs GF Sausage Patty GF	Scrambled Eggs GF Biscuits V & Gravy Potatoes GF V
Healthy edge	White Rice V Tri colored carrots V GF Grilled Chicken/Baked Ham GF	White Rice GF V Potato Blend GF V Tofu/Grilled Chicken GF	White Rice GF V Brussel Sprouts V GF Roast Porklion/Grilled Chicken GF	White Rice GF V Broccolini GF V Beef Tips/Grilled Chicken GF	White Rice GF V Roasted Tomatoes V GF Blackened Mahi/Grilled Chicken GF	Spagetti V & Meatballs Breadsticks V	Hashbrowns V Sweet & Sour Meatballs GF White Rice GF V
GRILLE ETC	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Station Closed	Stir Fry Vegetables GF V
BOWL You OVER	Hot Dog Bar	Pasta Bowl	Rice Bowl	Gyro Bowl	Doritos Bowl	Station Closed	Station Closed
upper CRUST	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie Pizza Sausage-Pepperoni
SALAD BAR	Caprese Salad V	Caprese Salad V	Caprese Salad V	Caprese Salad V	Caprese Salad V	Salad Bar	Salad Bar

DINNER

the Classics	BBQ Pulled Pork Buttered Corn GF V Potato Wedges GF V	Beef Tacos Three Bean Blend GF V Yellow Rice GF V	Seasoned Wings with Sauces Baked Sweet Potatoes GF V Onion Rings V	Blackened Pangasius GF Cous Cous V Green Bean Almondine GF V	Fried Catfish Hush Puppies & Cole Slaw V Steak Fries GF V	Buffalo Boneles Wings GF Potato Wedges V Corn on the Cob GF V	Philly Cheesesteaks Cavatappi Pasta V Garlic Knots V
Healthy edge	White Rice GF V Grilled Chicken GF Mixed Vegetables GF V	White Rice GF V Grilled Chicken GF Mixed Vegetables GF V	White Rice GF V Grilled Chicken GF Mixed Vegetables GF V	White Rice GF V Grilled Chicken GF Mixed Vegetables GF V	White Rice GF V Grilled Chicken GF Mixed Vegetables GF V	Chili Dogs Seasoned Fries GF V Cheese Sauce V	Mixed Vegetables GF V BBQ Pulled Pork Sandwiches Potato Wedges/Corn on the Cob GF V
BOWL You OVER	Smoothie Bar V	Smoothie Bar V	Smoothie Bar V	Smoothie Bar V	Smoothie Bar V	Station Closed	Station Closed
GRILLE ETC	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Hamburger - Chicken Tenders - Veggie Patty	Station Closed	Station Closed
upper CRUST	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni	Pizza -Cheese-Veggie GF Pizza Sausage-Pepperoni
SALAD BAR	Fresh Mixed Greens	Fresh Mixed Greens	Fresh Mixed Greens	Fresh Mixed Greens	Fresh Mixed Greens	Salad Bar	Salad Bar